# **Templeton Times**

Term 3 Week 3

28 July 2023

# How are you?





### Calendar Term 3

#### Coming up....

31 <sup>st</sup> July	Grade 6 at Wantirna College Musical	
1 <sup>st</sup> August	Grade 3 Zoo Excursion	
2 <sup>nd</sup> August	Prep RACV Safety Incursion	
	Grade 2 Excursion to CERES	
3 <sup>rd</sup> August	Grade 5 Incursion – Talk Money	
4 <sup>th</sup> August	PEEP Rock Climbing	
	SSS Regional Dance Rehearsal	
8 <sup>th</sup> August	EMR Regional AFL Boys & Girls	
9 <sup>th</sup> August	Grade 4 Mapping Incursion	
	Grade 5 Chinese Museum Excursion	
11 <sup>th</sup> August	District Athletics	

### Term Dates 2023

	Start	Finish
Term 1	30 January	6 April
Term 2	24 April	23 June
Term 3	10 July	15 September
Term 4	2 October	20 December



### Principal Rod McKinlay

#### WELCOME BACK TO TERM 3

What a way to begin the new semester with the wonderful NAPLAN results achieved by our Grade 3 and 5 students. If you haven't done so already, I invite you to go to our website where Mr Crilly has uploaded a snapshot of our overall Grade 3 and Grade 5 results.

As you will see, our overall NAPLAN results are outstanding!

'Like schools' are classified as similar schools with a similar demographic and size. Most of these schools are located in the inner eastern suburbs of Melbourne. They are the schools that we compare our performances against. 'Local schools' are schools that are located close by.

NAPLAN reporting, as many of you will know, has changed this year. The new NAPLAN Bands, Exceeding & Strong, are the new top two bands or levels of achievement and as you will see, in just about all academic areas, over 90% of our students in Grades 3 and 5 fall into one of these two levels!

Congratulations to all our staff who have over the years played their part in supporting our students from Prep through to Grade 5. It is the synergetic effect of everything we do at Templeton that allows us to achieve these results.

To parents, well done on the tremendous support you have provided to both our students and our school.

But of course, to our Grade 3 and Grade 5 students, well done on achieving these outstanding results!

Individual reports were sent home last week.

#### THE IMPACT OF ABSENTEEISM

In Term One, I published an article related to student absenteeism and the affect it has on student learning. I begin this semester with the same article as a way of keeping this issue at the forefront of our minds, particularly, if you are thinking about organising a holiday in the second half of the year.

Templeton is a high performing school which is greatly valued by our school community. We are constantly striving to maintain and improve the standard of education and to provide a positive and engaging culture which supports student learning. One area we are endeavouring to address is the high number of student absences.

Going to school every day is the single most important part of a child's education. Students learn new things at school every day. Research indicates that attendance is an important factor in student achievement. Regular and punctual attendance is one of the most important predictors of academic performance.

The recommendation from the Victorian Government is that students should not have more than five days of unapproved or unexplained days off in a school year. Family holidays should be taken during the designated school holiday period.

Absences due to illness or health issues are unavoidable. When students are ill, they should stay home to recuperate. This also helps to ensure they do not infect other members in the school community.

Listed below are some considerations to keep in mind when your child has time off school for other reasons:

- Teaching and learning continues while a student is away which makes it difficult for them to catch up when they return.
- Some students forget what they learnt before they went away. Then they are faced with revision in addition to the catch up of work or concepts missed.
- Some students never catch up and have gaps in their learning to overcome.
- If the student is already working in support or literacy boost sessions it is even harder for them to catch up.
- Having the opportunity to participate in support or literacy boost sessions is a privilege as there are limited places available. If a student who has this opportunity is away for an extended period another child who could have had that position misses out.
- Many students suffer with anxiety when they return from an extended absence. They don't understand what is happening in their classroom and can see their peers have progressed and are doing things that they aren't able to do.
- At school students are immersed in English. This is vital when learning to read and write in English. Extended time away from the learning environment impacts the students' ability to learn to read and write in English. In fact, students with extended absences who are learning English as an additional language often go backwards.

Please be mindful of the impact of absenteeism if you are thinking of planning a holiday during the school term and the affect it will have on your child/rens learning.

#### **CURRICULUM INITIATIVES @ TEMPLETON**

In the last edition of Templeton Times, Mr Aidan Schanssema – Director of Teaching – Numeracy, provided an overview of our maths extension and support programs throughout the school at Templeton.

This week Mrs Andrea Edwards, Assistant Principal, is asking how you are?

Have a great weekend everyone.

Rod McKinlay Principal

#### HOW ARE YOU?

How are you? It's a question we ask one another every day when greeting a friend or initiating conversations. More often than not our reply is a flippant "Good thanks," even though we could be reflecting on our overall physical or emotional health as we navigate life and all it brings.

Conversations around mental health are becoming more and more common so what does this mean? Mental health is defined as the state of mental well-being that enables us, as human beings, to cope with the stresses of life, realise our abilities, learn well and work well, and contribute to the community we are part of. Stresses of life come in many shapes and forms and can be frequent or infrequent.

#### What Do We Really Mean When We Say We are Stressed?

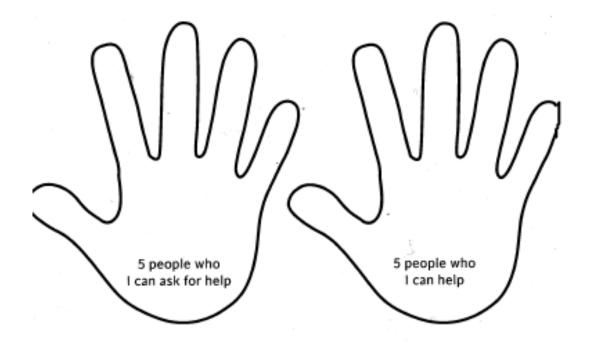
Stressed is a word we use to describe the overall feeling of being worried over a period of time, or the feeling that we should be doing more than we can manage. Sometimes our problems can cause us to feel worried or distressed as we think about what we should do. We can feel stressed when we have a few problems all at once, or when our problems last for a long time.

When we are stressed we may feel different emotions. We can feel angry, frustrated, scared, afraid, anxious, inadequate or overwhelmed. Sometimes this can give us a stomach ache or a headache, we may feel grumpy or teary, or have trouble paying attention at school or work and remembering things. Everyone experiences stress at some time but there are also many different ways that people help themselves when they feel stressed. We call these coping strategies and we all need them when our emotions take over because something feels too hard, something is new and scary or we just have too much to do. Please consider the list below. My favourite coping strategies are the ones I have highlighted.

- Go for a run
- Read a story
- Ride a bike
- Play a game
- Play with friends
- Bounce on the trampoline
- Watch TV
- Make something
- Play an imaginary game
- Read a book
- Help your parent
- Ring your grandparent
- Play a favourite game

- Lie on your bed
- Have a bath or shower
- Eat something delicious
- Listen to some music
- Write about it
- Play sport
  - Talk to someone
- Tidy your room or work in the garden
- Draw a picture
- Have a drink of water
- Wash your face
- Take some deep breaths
- Sing a song

It is important to note that differentiating between levels of problems and not catastrophising things help us go about solving stressful situations effectively and decide whether or not to seek assistance. The hands below are a great reminder that we all need a helping hand at times, and that we are all capable of providing a helping hand for others.





Mrs Andrea Edwards – Assistant Principal

## Student of the Week

**Respect Resilience Integrity Empathy** 

#### Prep

- PG Charlotte P for the amazing effort you put into your Maths work this week. Well done.
- PM Melissa S for your excellent work in writing this week. Keep up the great work.
- PS Ayaan S for your excellent recount writing about the Winter school holidays. Well done.
- PV Sean H for your wonderful presentation for Show and Tell this week. Well done.
- ΡZ Rita H for being a hard working student who always listens beautifully and tries her best.

#### Year 1

- 1A Annika P for demonstrating an excellent work ethic and kindness. Well done.
- 1FRoman G for being a wonderful friend to all your classmates. We are lucky to have you in 1F!
- 1N Zoe Z for always speaking to the class in a clear and confident manner. Well done.
- 1S Amias S-M for a wonderful start to Term 3. You are a 1S Superstar!
- 1W Naira S you have been working very hard this week. Your Fractions Alien was very creative.

#### Year 2

- 2A Bavi B for an excellent start to Term 3. You have such a cheery attitude towards school.
- 2FHillary C for your consistent willingness to be involved in class discussions. Keep it up.
- 2L Aiyana S-M for an amazing start to Term 3. You are really shining. Keep it up.
- 2POscar C for an excellent week in Maths. It has been fantastic to see you excel! Well done.

### Student of the Week

**Respect Resilience Integrity Empathy** 

#### Year 3

- **3B** Ranielle H for gaining confidence when sharing your ideas with the class. Well done.
- 3G Gabriel G for a fantastic recount about the school holidays. Keep up the great work.
- **3H** Tweesha P for listening carefully during teaching time. Keep up the fantastic work!
- 3T Jennifer L for a fantastic start to Term 3. You are a great role model for others. Well done.

#### Year 4

- 4A Jadee N for being extremely helpful and for getting involved in all class activities. Well done.
- 4M Caitlyn M for starting the new term ready to learn and coming to school with a positive attitude.
- 4N Serena C for a wonderful recount of her school holiday activities. Was a busy and fun holiday!
- 4S Dennis L for always being a kind and considerate classmate. Awesome work Dennis.

#### Year 5

- 5C Rohan K for your detailed description in writing a procedure this week. Keep it up.
- 5D Ayva Y for always being so kind and offering to help in the classroom whenever possible.
- 5N Alexis J for being attentive in Maths Groups this week. Awesome work Alexis.
- 55 Matteo M for returning to school this term with an excellent attitude towards your learning.

#### Year 6

- 6C Rikin L for your amazing work during Literature Circles. Great job.
- 6H Archer L for a great start to Term 3. You worked hard all week to complete all tasks. Well done.
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# **BUSINESS WALK**

On Monday 17th July, Grade 5 students visited Knox Westfield to participate in a business walk for the term inquiry unit, "How Do Businesses Run?"



Working in groups, students observed displays, compared like stores, marketing, advertising and customer service.

Special thanks to Sue from Adairs for spending her time with Malaika, Alysha, Emma, Arvin, and JK.



"Amy from Tree of Life was friendly and helped answer our questions."

TK Maxx: "The store places the highest selling items at the front and appeals to all ages."



Ms Marni Cousins, Grade 5C

## Templeton Primary School

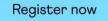
Your OSHC by Camp Australia provides enriching experiences for children during term – before school, after school and on pupil free days. At Your OSHC we give children a supportive space to continue their development, build confidence and socialise with their friends.

#### What's coming up at Your OSHC this week: 24/7/2023 - 28/7/2023 Wednesday Monday Tuesday Thursday Friday Creative | 4.1 Emotions | 4.1 Creative | 4.1 Friendship | 1.5 Creative | 4.1 Art Club Finger Knitting Easy Friendship bracelets Tissue Paper Flower **Jigsaw** Puzzles Learn a new old fashioned skill Join our Weekly Art Club! This Decorate your own Jigsaw Easy circular loom wool **Tissue Paper Flowers** week we will explore paint and Puzzle and try it out. friendship bracelets create some wonderful items to take home! Gross Motor | 5.4 Fine Motor | 3.4 Let's get physical | 2.1 Let's get physical | 2.4 Wellness | 3.4 4 Corners Twister Number Soccer Octopus tag Deep breathing & Relax As highly requested we will finish the day with a group This game is like stuck in the Who can twist their bodies to Each corner of the room Deep breathing exercises and relaxation techniques for our match the instructions which represents a colour, children mud only children remain where you spun on the board ? game of number soccer! dance but when the music they are tagged and use their mental and spiritual wellbeing stops everyone runs to a 'octopus arms' to try and tag corner.



#### Register for Your OSHC

Once registered, you'll be able to easily make and manage your bookings online via our Parent Portal.





#### Stop by and say hi!

Please feel free to visit the program with your children to meet the team and see what happens in our great program each school day.

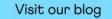


Your

DSHC.

#### Visit our blog

New articles are added each week for parents and cover various topics to help families.



# School refusal

### How to look out for early signs and support your young person

When Wednesday 16 August, 2023 Time 7pm - 8.15pm Location Online via Zoom Presenter Sonia Prescott, Clinical & Educational Psychologist

School refusal is a complex situation which is frustrating not only for the young person but also for their families and school staff.

This presentation will outline the circumstances in which school refusal may arise as well as outline a variety of helpful responses to address this important issue. **Register today** 

Scan the code or visit www.stickytickets.com.au/03XN4



For more information Zara Ariarta zara.ariarta@knox.vic.gov.au 9298 8000





Free online event

# Learn music

### here at school

Come and join in the fun of learning to play keyboard, guitar, ukulele, here at Templeton Primary School.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-to-one lessons of up to 30 minutes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Enrolments are now being accepted for limited places in term 3.

Interested parents should call Nicholas during office hours on 9818 2333 or via email: nicholas@creativemusic.com.au





All ages welcome. Equipment supplied if required Gilbert Park Softball Diamonds, Gilbert Park Dr, Knoxfield Contact Sarah-lee 042 142 4409



### Wantirna Little Athletics Club

Affiliated with the Knox Little Athletics Centre





Little Athletics caters for children from ages 5 to 16 and includes sprints, middle-distance running, walks, hurdles, throws and jumps.

#### 2023/24 SUMMER TRACK & FIELD SEASON STARTS 9 SEPTEMBER 2023 Season – September 2023 until March 2024 Registrations Open Mid August

Registration Fee \$215 - includes Summer Track and Field and Winter Cross Country and weekly coaching at Knox LAC

Discount for new members - club singlet \$10

Location: Knox Athletics Track Bunjil Way, Knoxfield

WANT TO KEEP FIT OVER SUMMER

For more information:

- Website: Knox Little Athletics www.klac23.org.au
- Facebook: www.facebook.com/wantirnalac
- Email: wantirna@klac23.org.au
- Phone: David Kearsley, President on 0412 669 099

Come and Play- Templeton Netball Club NetSetGo Starts on Friday 22nd July
- Please contact Anne on tncsecretary1@gmail.com for more information

