INTEGRITY - Acting with Integrity means you are an honest person

FAIRNESS - Fairness means thinking of others and giving people 'a fair go'

RESPONSIBILITY - Being responsible means that you can be relied upon

LOYALTY - Loyalty means you show care and consideration to your friends, family, school, club, community and country

HELPFULNESS - When someone is upset or sick, a kind person shows care and tries to help them

CO-OPERATION - We include the ideas of others to make a fair decision about the best choice or plan

ACCEPTANCE - It is important to understand that all people are different and deserve to feel safe and respected

RESPECT - Respect means showing good manners and consideration to others

FRIENDLINESS - Friendliness means showing an interest in people

SUPPORTIVE - Being supportive means that you care about and help your family, friends and other people

COURAGE - A person with courage will find a way to achieve the things he or she wants to achieve

PERSISTENCE - You show persistence when you don’t give up, even if things get difficult

OPTIMISTIC - An optimistic person will look out for good things in themselves, in their own lives and in other people

SELF-MANAGEMENT - Thinking ahead and planning what you want or need to do

SELF-DISCIPLINE - Being self-disciplined means being in charge of yourself, and thinking before you act