# **SUNSMART**

**POLICY** 

## Rationale:

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun while at school.

### Aims:

To educate students in suitable sun protection strategies

To encourage children and teachers to protect themselves from the harmful effects of the sun.

## **Implementation**:

This policy implemented in conjunction with the Student Dress Code and Uniform Policies Children are required to wear one of the following School Council approved hats during Term 1 and Term 4 when outside:

Bottle Green broad brimmed hat with school logo Bottle Green Legionnaire hat with school logo Bottle Green baseball hat with school logo

- Staff will act as role models by also wearing appropriate hats when outside.
- Children without an approved hat will be restricted to play in designated shaded areas
- Children will be actively encouraged to wear broad-spectrum water resistant sunscreen (SPF30+)
   Sunscreen applied by students according to the manufacturer's directions, under the supervision of teachers
- Whenever possible, outside activities on hot days scheduled before 11:00 am
- Hot Day timetables for recess and lunch implemented at Principal discretion
- School Council will provide adequate shade structures for students as practicable; particularly over high-density play areas such as sand pits and play equipment
- Management will ensure that approved hats are available for purchase from the uniform shop
- School communication forums used to highlight and reinforce the Sunsmart Policy
- Sunsmart activities and sun protection form part of the Health and Physical Education curriculum at all year levels.

#### **Evaluation:**

This policy will be reviewed as part of the school's three-year review cycle.

This policy last ratified by School Council

May 2018

References: SOTF Reference Guide – 4.5.11, Exec Memo No 99/039, Anti-Cancer Council of Victoria ph: 9635 5148